

Peddler ADvantage

731-644-9595 • 800-698-0234 • 512 North Market Street • Paris, Tennessee 38242

CIRCULATION
VERIFICATION
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PaperChain

Volume XXX

Health & Fitness Special Included

Number 30



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FREE Wednesday, January 28, 2015

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* YEAR ROUND CAMPING *

32 NEW CAMP SITES AVAILABLE

CREDIT CARDS & BANK DRAFTS ACCEPTED
OVERNIGHT CAMPING

- Underground Utilities
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12x30.....	\$99
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Yearly Rates. We accept all major credit cards

Ideal for Boats
Trucks
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RVs & More!

Prices based on 12 month prepayment special

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THE FULTON SALE

SATURDAY, JANUARY 31ST AT 9:00 A.M.

LOCATION: Bunch Bros. Auction Lot, 1007 W Highland Dr./ 45 Bypass, Fulton, KY. WATCH FOR SIGNS!!

SELLING TRACTORS, CONSTRUCTION EQUIPMENT, TRUCKS, TRAILERS, FIELD EQUIPMENT & MORE!!

This is an Open Sale. Representatives will be at sale site: Monday, January 26th through Friday, January 30th to accept your equipment.



CONSTRUCTION EQUIPMENT

CAT D5C-XL Series III Crawler Tractor, SN 7PS00768, OROPS, 6P Dozer, Sweeps, Rear Screen, Hr. Meter reads 3567; CAT EL200B Hydraulic Excavator, SN 7DF00254, 42" Bucket, TBG Pads; CASE 580L Turbo 4X4 Loader Backhoe, SN JJG0243035, OROPS, 5723 Hrs.; CLAKR 25 Wheel Loader w/ Forks; TAYLOR 10,000lb. Forklift; LULL Telehandler; WACKER RD11A Double Drum Smooth Vibratory Roller, SN 5021613, 18HP Honda; DITCHWITCH R30-A Trencher, SN 341344, 4X4, Wisconsin Gas, Leveling Blade; Welder-Generator

TRACTORS & EQUIPMENT

FORD 7710 Cab Tractor, Front Wheel Assist, Loader, 200+/- Hrs. on New Engine; IH 1586 Cab Tractor; FORD 2000 Tractor w/ Box Blade; Burch Wheel Disc; Pull Type & 3 Pt. Bushhogs; JD 2 Row Planter; JD 535 Hay Baler; Gates; Fencing Supplies; FULE Tanks; FORD 7000 Tractor, Row Crop; CASE IH 1020 Bean Head; IH 1063 Corn Head, 6 Row; IH 8 Row Air Planter; IH 8 Row Box Planter

TRUCKS & TRAILERS

1995 FLEETWOOD 38' Motor Home; 1979 IH Tandem Dump Truck; 2008 GMC 2500 Pickup, 4X4, Crew Cab; 1999 FORD F250 Pickup, 4X4, Dsl., 4 Door; 2009 FORD Ranger, Ext. Cab (needs trans. Work); 4 Wheeler; 2002 GMC C65 Box Truck, 16' Box w/ Lift Gate; 2003 CHEVROLET Duramax 3500HD w/ Western Hauler Bed, Crew Cab; 2004 CHEVROLET 2500HD Duramax Pickup, 4X4, 98,000 Miles; 1999 CHEVROLET Z71 1500 Pickup; 2012 POLARIS 800 Ranger, 2 Seater; 2004 POLARIS 500 Ranger; 2004 YAMAHA 360 4 Wheeler, 4X4; YAMAHA Golf Cart, Gas; 30' Tandem Gooseneck Trailer, Dual Wheels, Dovetail & Ramps; 16' Trailer (Like New); Several Lawnmowers; Lumber & More!!

*This is only a small listing, equipment added daily until sale day!
Visit bunchbrosauctionreality.com for updated listings!*

TERMS: Full settlement day of sale. NO CREDIT OR DEBIT CARDS. \$50 tittle fee, per title. NO BUYER'S PREMIUM! All announcements made day of sale take precedence over any previous advertisements.



AUCTION CONDUCTED BY:
STEVEN J. BUNCH, Auctioneer - ROY BUNCH, Auctioneer, RE Broker
BUNCH BROS. AUCTION & REALTY, INC.
P. O. Box 175
Wingo, KY 42088

Joe Bunch, Auctioneer
Steven Henderson, Auctioneer
Lori Bunch, Office Manager
Website: bunchbrosauctionreality.com
Phone: (270) 376-2992
TN LIC. # 2094
Fax: (270) 376-2997

ANNOUNCEMENTS

BOOKS, GIFTS, MORE.
Handcrafted gifts, books, gift certificates. Books & More.
1027 Mineral Wells, Paris.
Next to Save-a-Lot shopping center. 731-924-2360.

COMING SOON - Camp Tyson Sports Bar & Grill, Hwy 79 in Routon, TN.

DISH TV Starting at \$19.99/month (for 12 mos.) Save! Regular price \$34.99 Ask about free same day installation! Call now! 877-477-9659.

FIRE SEASON: YOU MUST HAVE A BURN PERMIT. Permits are free. Call the Forestry department at 731-642-3808.

TOTE BAGS made from dog, cat, horse & bird food bags. \$4 each. Can be seen at Mineral Wells Animal Clinic. Money goes to Dog House Rescue. 731-644-9216.

FREE ADMISSION - Comic Book Show. Star Wars, comics, toys & more. Monday, Feb. 2nd, 3-8pm, Quality Inn, Paris, TN. For more info call 731-363-6209.

NEED THE PEACE OF MIND of a Final Expense Plan or Funeral Plan? Have you been rejected because of your health or pre-existing conditions? I can help! Call 731-220-0874, leave message. We are an A rated company with more than 50 years experience.

murray@buypeddlersmall.com

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The Peddler ADvantage offices are located at:
512 North Market Street • Paris, TN 38242 • 731-644-9595
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NOW OPEN - DAVE'S Barber Shop, 51 Bridge Street, Big Sandy, TN. (Next door to The Cuttin' Corner). 731-333-0013. Hair Cuts \$10.

STONE ACRES FARM CSA all natural produce shares on sale now. Order before February 15th for discount. Call for prices. 731-441-2222.

WEST TENNESSEE Hot Rod Restoration and Fabrication. Sell or trade. Motorcycles, trikes, bikes, automobiles, boats and more. Welding, fabrication, frame-off restoration, custom painting & graphics, custom auto body and wood panels. Auto detailing, chrome service, custom built ProMod. Race Cars & Dragsters. We'll restore anything. Chris Willoughby, 731-336-2451.

CLEANING

CLEAN UP TIME - Will clean out basements, sheds, garages, apartments, storage sheds, entire buildings. Will clean up and haul away almost anything. Tim, 731-336-3901.

DEE'S SERVICES - offering household cleaning, laundry, cooking, shopping, Dr. appointments and general errand running. Pet friendly. Days, nights, weekends. 731-333-7025.

DETAIL - ORIENTED Honest, reliable housekeeper with references, willing to clean: daily, weekly, bi-weekly, monthly or move-outs. Call Rita 731-227-9534.

NEED HOUSE OR BUSINESS CLEANING? We clean bi-weekly & monthly. Call Janice for a free estimate. 731-441-0418

DOZER SERVICE

DOZER WORK, Track hoe work, skid steer, and mulching. David Thompson, 731-431-7495.

JEFF PAGE'S DOZER & TRACKHOE Service. We do land clearing, ditching, basins, terraces, ponds, lakes, site preparation, demolition in Henry County & surrounding areas. 731-642-3328 or 731-707-2665.

CIRCULATION VERIFICATION COUNCIL

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HOME REPAIR / BUILDING

A F F O R D A B L E
CONSTRUCTION - Room additions, block underpinning, decks, metal & shingle roofing, concrete, carports, garages. Free estimates. 24 years experience. Serving Henry County. 731-247-3104.

ALL YOUR BUILDING NEEDS, room additions, garages, remodeling, vinyl siding, porches, decks. Gary Brooks, 731-642-6132.

CLEAN CUT PAINTING & Remodeling. Over 20 years experience in professional home maintenance. One Call, We Do It All! From handling those problem rentals to completely remodeling your home. Specializing in Interior & Exterior, Commercial & Residential, painting & pressure washing, fire smoke, water & mildew damage repair. We install all types of flooring. Will beat any responsible price. Now accepting all major credit cards. Free Estimates. 731-363-4338, 731-363-3341.

CUSTOM ROOFING is running a special on 40 year metal roofing. Why pay more? Guaranteed to beat anyone's price. For top quality and 5 year workmanship guarantee. Call Custom Roofing 731-333-4337.

CUSTOM ROOFING. New roofs, old roofs, metal roofs, repairs. Guaranteed to beat anyone's price! Free estimates. Call 731-333-4337.

J.A.B.'S Home Improvements - home additions, remodeling, vinyl siding, metal roofs, free estimates, 25 years experience. 731-363-2493.

MERRELL'S CARPENTRY WE CARRY BUSINESS LICENSE & INSURANCE. Carpentry; roofing, additions, flooring (all types), siding decks, porches, garages, & storm shelters added to any style home modular, mobile, etc. Concrete; slabs, sidewalks, & driveways. Quality work at prices for today's economy. Call David Merrell, 731-336-4484.

PAINTED METAL ROOFS - installed the right way by experienced roofers. Call Dennis R. Carter for estimates. 731-247-3086.

ROOF REPAIRS & COMPLETE NEW ROOFS, SHINGLE, flat roofs, painted metal, single ply roof systems. 29 Years Experience! For Quality Work call Carter Roofing, 731-247-3086.

STEVE REYNOLDS CONSTRUCTION. All types of brick, block, stone & concrete work. Metal buildings & metal roofing. New homes, additions & remodeling. Free estimates. 31 years experience. 731-644-0266, 731-514-2725.

WILLIAMS FENCE - Fences of all types. 40 years experience. Free estimates. 731-336-4608.

LAWN WORK

BIG D LAWN SERVICE & Yard Care. Free estimates, mowing, mulching, trimming. Senior Citizen discount. Set your appointment for next summer. 731-415-1583.

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ALL KINDS OF Custom Farming, including custom spraying, licensed, insured and bonded for all of you spraying or nitrogen application needs. Call for special pricing. 731-336-2562, 731-243-2640.

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USED CAR VALUES

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'05 Dodge Van V-6	\$2500
'01 Ford Explorer Eddie Bauer Ed.	\$2350
'00 Chevy Impala - Red, Sharp	\$2400
'01 Pontiac Grand Prix - Burgundy	\$2350
'98 Chevy Lumina V-6	\$1800
'03 Pontiac Grand Prix - White	\$2400
'00 Pontiac Sunfire - Red, Nice	\$2400
'90 Oldsmobile Intrigue - Leather	\$1675
'03 Saturn V-6	\$1999
'97 Buick LeSabre	\$1500
'00 Ford Taurus	\$1999
'97 Chevy Silverado King Cab	\$2700

RACEWAY AUTO SALES
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PAVING / CONCRETE

C O N C R E T E CONSTRUCTION. Poured wall basements, slabs, re-tainer walls, driveways, sidewalks, storm shelters. Call 731-363-0732 or 731-642-6916.

SITTING SERVICE

SETTER FOR THE ELDERLY, 20 Years Experience, Day or Night. Call 731-363-0729.

TREE SERVICE

BOMAR LOGGING. Now buying standing timber and/or timber land top prices paid cash up front or cut on shares. For more info call 731-707-0050.

CHRIS'S TRIMMING - master tree trimmer, 15 years experience. Low hourly rates available, trim or take down any tree. Call Chris Lambraia, 731-407-8847, Crystal Lambraia, 731-707-0811.

EVANS TREE SERVICES - take down, removal, stump grinding, trimming, fully insured, free estimates. Call Michael P. Evans, 731-593-3974, 731-697-1493.

MOSELEY'S STUMP REMOVAL. 731-336-4594.

PREVENT STORM DAMAGE - Call Wade Tree Service - take downs, topping & trimming. Call Tim or Mark at 731-593-5500 or 731-336-4715.

H&B TREE Service. Tree Removal, Stump Removal, Trimming & Topping. Bucket Truck Service Available. Reasonable Rates. Fully insured. 731-642-7178.

WEBB'S TREE SERVICE & STUMP REMOVAL - all phases including topping, trimming, shaping, complete take-downs and stump removal. Satisfaction guaranteed. 731-593-5800, 731-693-1101.

HOFFMAN'S LOGGING - We cut veneer, hardwood, pulp wood. We work with local state forestry to help manage your property. Free references, free estimates. Prices have increased! Call 731-644-5747.

HELP WANTED

\$800 "GUARANTEED" WEEKLY - Mailing flyers from home. For free packet. Call 1-972-221-7035.

AVON REPS needed in this area immediately. Start up is only \$15. Call 731-336-9757. Ask about the \$200 bonus!

TAKING APPLICATIONS FOR local truck driver. Must have 2 years verified experience and good driving record. This is a drug free workplace. 731-642-8216.

VISIT
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ads.com
TO PLACE
YOUR
CLASSIFIED
AD ONLINE!

HANDY AD FORM

Need a personal or business classified?

Let 30,000+ readers of the Peddler ADvantage know what items you have for sale or services you have to offer. Mail in this Handy Ad Form or stop by the Peddler ADvantage and place a classified today! Our office is located at 512 North Market Street, Paris, TN 38242.

Readership based on CVC Audit 2009

Interested in Display Advertising?

(Display includes logos, pictures and descriptive info)

For rates and specials call Mechelle, Peggy, David or Gary - 731-644-9595 or 800-698-0234.

Phone: _____ Name: _____
Address: _____ City, State, Zip: _____

Personal classifieds are FREE for items priced \$50 (includes items to be given away). Limit one item per ad and the price must be included. These ads will run only one week.

A "PERSONAL" classified for 4 weeks, 20 words or less, is \$9.

A "BUSINESS" classified for 4 weeks, 20 words or less, is \$13.

Only ONE WORD per block! Add \$2 per week for border, \$1 per week for bold.

Huntingdon Discount Tire Center
ALIGNMENT - BRAKES
123 Dillahunty Lane • Huntingdon, Tennessee 38344
Monday-Friday 7am-5:30pm • Closed Saturday & Sunday
JOHNNY ABBOTT 731-986-0206

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Specials Going On Now!

RIFLES, SHOTGUNS, AMMO IN STOCK!
Eagle Creek Armory, LLC

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ARRIVING WEEKLY!



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43 EAGLE CREEK ROAD • BUCHANAN, TN
FOR AN EVEN LARGER SELECTION OF FIREARMS
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CHECK OUT OUR WEBSITE AT **OPEN TUE.-FRI. 11-6, SAT. 10-6**
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• Ceramic Tile • **Allgood's** • Much More •

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Mon-Fri 8am-4:30pm; Sat 8am-1pm; Closed Sun for Church

FINANCING AVAILABLE

WALLPAPER CLOSEOUT
Buy 1 Get 2 Free **\$5**

Laminate Flooring 88¢/sq.ft.

Scratch & Dent Appliances
REFRIGERATOR \$399

JOSHUA 24:15 "...but as for me and my house, we will serve the Lord."

SET UP MANAGER
Opening. This would be a working position, leading our field crew in the installation and removal of manufactured housing. This position requires leadership and management skills to maintain schedules, equipment, cost controls and safety. Applicant must have good communication skills and be able to attend and pass state approved license programs in relation to our business field. Applicant must have reliable transportation, a valid driver's license and a clean driving record to be insurable. A CDL would be preferred but not mandatory. Applicant would need to be able to bend, lift and carry over fifty pounds on a daily basis and not have an issue with heights. Applicant must be able to work in seasonable weather with no issues and preferably have some carpentry or roofing skills as well. Send resume to: Set Up, P.O. Box 262, Paris, TN, 38242.

APPLIANCES
6,057 Peddler readers will be purchasing major Home appliances this year. Call today to place your ad. 731-644-9595

ORR'S APPLIANCE - repairs, parts, old and new. Wanted working and non-working appliances. Weekend calls welcomed. Minor plumbing & electrical work. 731-792-5742, 731-707-1704.

TV HOME SERVICE. Repair big screen TV at your home. 931-627-7848.

FURNITURE
12,914 of the Peddler readers will be purchasing furniture and home furnishings this year. Call today, 731-644-9595 to place your ad.

2 QUEEN ANNE END Tables, 1 round, 1 square, \$35 each. 2 Antique gold leaf end table with glass top, \$200. 2 antique poster bed frames, regular size, \$75 each. New Queen quilt, red, white & blue pattern 9 diamond with presidents, names and dates in office, \$300. 731-819-1351.

7 PIECE RATTAN Sun room or patio furniture. Couch, chair, 2 rockers, 2 end tables & coffee table with glass tops. Excellent condition. \$600. 731-641-0345, 731-697-0773.

LADY'S DRESSER - pre-Civil War, hand built, hand carved scroll, original skeleton key, mint. Paid \$3,500 30 years ago, will take \$1,800 and reasonable negotiation possible. 731-333-4181.

NOT GETTING enough sleep because of your old mattress? Come check us out. We have a large selection to choose from. Beasley Antenna & Satellite, 3000 E. Wood St., Paris, TN 642-4077.

RECLINING COUCH & matching loveseat - new condition, Taupe color, leather/type fabric, \$600. 731-336-8460.

SANYO FLAT SCREEN, 32", \$100. Emerson 25" \$50. Kenmore 17 cu. ft. refrigerator, 10 years old, works perfect, \$100. Maple dresser, with mirror, \$150. Set of nearly new twin beds, one is a hospital bed, with sheets, everything works, \$150. 30' aluminum extended ladder, \$50, 20' aluminum extended ladder, \$30. 731-333-4181.

FREE PETS
FREE TO GOOD HOME, mix hound dog breed, friendly & playful, good with other animals & children. Call or text 731-336-1672

FREE TO GOOD HOME - female, 4 years, half Jack Russell, half Corgi, spayed. Prefer a family without children. Inside dog. 731-924-5024.

PETS & LIVESTOCK
2 REGISTERED CHAROLAIS Bulls. Half brothers, \$6,000 for the pair or \$3500 each. 731-441-3378.

BEAGLES, 1 or all 3, my personal hunting dogs, handle good, no deer. \$150-\$250. 731-642-4839

BOXER PUPPIES - AKC, ready Jan. 17th, shots and wormed, \$300 each. Trenton, 731-855-4744, leave message.

CHIHUAHUA PUPPIES - 6 weeks old, shots and wormed, \$135. 270-436-2619.

CKC BLUE TOY Male Chihuahua puppies, shots and wormed. 731-613-3833.

CORN FED BIRKSHIRE HOGS - killing hogs. Good BBQ hogs. Grass fed Angus Beef. Lesley, 731-336-1987.

DOG GROOMING IN YOUR HOME. We make house calls! Reasonably priced, \$45. Includes nail and ear cleaning. 731-822-3419.

GOLDEN RETRIEVER PUPPIES, AKC, born 12-5-14, parents on site, S&W, light color, \$400. 731-648-9308

HAY FOR SALE - nice mixed grasses, good for feeding. \$3.50/bale. 731-415-2647, 731-336-6567.

HONEY BEES for sale - taking order for 5-frame nucs. 731-441-1911.

JERSEY STEER - ready for freezer. 731-247-5776.

REGISTERED BLACK ANGUS/BLACK GELFIE COW, breed to Hereford bull, will calf in the spring, \$2400. 2 registered polled Hereford bull calves, great EPD's. Qualifies for TAEP program, producers of maternal milk production. Rapid growth on calves, low birth rate. 731-445-4259 or 731-232-8321

REGISTERED POLLED Hereford Bulls, service ready. Steven Paschall 731-247-3303, if no answer leave message.

SIBERIAN HUSKY White Males only, AKC registered, shots & wormed. Also, male Golden Retrievers, \$400 each. In Camden, TN 901-569-6453.

NEW YEAR SAVINGS ON USED CARS, TRUCKS, & SUVs

2014 Dodge Challenger R/T P1988A



\$30,995*
11,120 Miles

2011 Ford Fiesta SES P1976A



\$12,995*
11,150 Miles

2004 Toyota Tacoma T6788C



\$11,995*
166,795 Miles

2011 Ford Escape LTD P1979A



\$17,995*
34,275 Miles

2013 Chevrolet Equinox P1971A



\$19,995*
26,459 Miles

2012 Fusion Sport T6785B



\$17,995*
40,618 Miles

2011 Ford F150 XLT P1984



\$29,995*
39,431 Miles

2012 Ford F150 Lariat T6706A



\$32,995*
34,041 Miles

*Plus Tax, Title, & License. Includes \$189.85 Customer Service Fee.

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*Call us for an appointment
and we will work you in.*

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Est. 1992

Debra S. Selby, M.D.
Megan J. Higgins, M.D.
Lezlie Burden, P.A.

243 Jim Adams Drive • Paris • 731-644-2747
Call for an appointment Monday-Friday



HELPING HAND RADIO AUCTION 2015

JANUARY 5 THROUGH FEBRUARY 25, 2015

SUNDAY JANUARY 4	MONDAY JANUARY 5	TUESDAY JANUARY 6	WEDNESDAY JANUARY 7	THURSDAY JANUARY 8	FRIDAY JANUARY 9	SATURDAY JANUARY 10
AUCTION PHONE 644-1695	LAKEWAY KIWANIS FRED McLEAN 642-3273 PARIS LIONS CLUB CHIP McLEAN 642-3273 PARIS LIONESS CLUB POLLY GALLAMORE 642-1145	PARIS OPTIMIST CLUB CHRIS MOONEY 642-5779 MARTHA CHAPTER OES #155 PARIS LODGE #108 BUCHANAN LODGE #772 641-9182 GAIL WRIGHT MASONIC LODGE #109 FREDDIE WADE 642-0926 DAMASCUS ROAD MARIAN PASCHALL 336-8724 FOREVER FRIENDS ANIMAL SANCTUARY TERI GRAZIANO 644-1508	MEDICAL COMMUNITY JOHN SELBY 644-2747 HENRY CO. ORTHOPAEDIC JEANETTE TRIPLETT 644-2271 PARIS SURGICAL SPECIALISTS STACIA PUCKETT 644-3211 W. TN BONE & JOINT CLINIC CHIP ANDERSON 644-0474 EAST WOOD CLINIC BRIAN BRADBERRY 642-2011 MARILEE HART KY LAKE UROLOGY CLINIC 642-2011 LEIGH ANN HORTON 642-8884	WOODMEN OF THE WORLD DEBBIE SNEAD 731-415-9178 CIVITAN CLUB JAN DOALL 642-1890 DOWNTOWN PARIS ASSOC. KATHY RAY 653-7274 HENRY CO. FAIR ASSOC. LINDA MANGRUM 642-4522	PARIS ROTARY CLUB BRIAN TUSA 644-1466 OSAGE/AIRPORT COMMUNITY JAMES WILLIAMS 642-1139 NANCY ALLEN 642-6175 PARIS POST-INTELLIGENCER EVONNE WILLIAMS 642-1162 PARIS AARP COMM. GROUP PAUL RUSSELL 642-1222	PLEASANT HILL COMMUNITY FAY TURNER 642-0159 CAROL NORWOOD 642-3698
JANUARY 11 OFFICE PHONE 644-1833 OFFICE HOURS 7 AM - 30 MINUTES AFTER AUCTION ENDS	HENRY COUNTY EMPLOYEES BRENT GREER 642-5212 DEBBIE SIMMONS 642-5212 TRINITY UNITED METHODIST HARRY VOLLEN 644-9355 JB LATIMER 642-6339 MASTER GARDENERS DAN DZIEKOWSKI 642-1860 ARTS COUNCIL KATHLEEN TOLLEY 642-3955	COTTAGE GROVE COMMUNITY TAMMY WOOD 336-4163 MARILYN BROWN 571-6435 CENTER COMMUNITY ANDY/BECKY PASCHALL 782-3606 MIKE/PAM HUTSON 782-6166	JONES MILL/HICO COMMUNITY BOBBY/BRENDA OWENS 782-3554 REGINA VEAZEY 247-5581 MORNINGSIDE OF PARIS BARBARA BAGGETT 644-9680 HENRY CO. YOUTH ORCHESTRA SCOTT SHEPHERD 336-7235 TN RIVER FINE ARTS LEAGUE DOREEN BATES 644-1217 KROGER TERESA SHEPHERD 644-1075	QUOTA CLUB JANE SINNEMA 642-4525 OAKLAND COMMUNITY JULIE COLEMAN 644-3391 JOHN/SUE KREZINSKI 642-4623 RANDY CANADY 336-6042 YOUNG FARMERS & RANCHERS ALEX MCDANIEL 336-0634 JUNIOR LIVESTOCK MISSY BELOATE 247-5369 W. G. RHEA LIBRARY CONNIE MCSWAIN 642-1702	PALESTINE COMMUNITY M/M JERRY BRIDGES 642-2805 PAM ROCKWELL 642-5801 BETH GREER 644-9201 CENTRAL POINT COMMUNITY PEGGY VEAZEY 642-6095 MELANIE TOWNSEND 642-5288 ELIZABETH CRAIG 642-4986 FIRST CHURCH OF THE NAZARENE MARY BRIGHT 644-1995 LEE SCHOOL ASSOC. RAY HARDING 642-7463	WHITLOCK COMMUNITY AND VOLUNTEER FIRE DEPARTMENT JUDY PASCHALL 642-1933 FREDDIE WADE 642-0926 LARRY & SUE CAROL NICHOLS 642-3909
JANUARY 18 Ring those phones for Helping Hand!	QUINN CHAPEL JOHN DANDRIDGE 642-8445 WANDA TODD 642-8445 FREDDIE WILLIAMS 642-8445 CIVIL AIR PATROL BEN WAINSCOTT 363-1418 INMAN BETA CLUB BECKY WILSON 642-8131 KAREN GOODMAN 642-8131	SECURITY BANK TRACI TEMPLETON 642-6644	COMMERCIAL BANK CLINT DAVIS 642-3341 FOUNDATION BANK KALEY BALLOU 642-8958 REGIONS BANK RENA BARKER 642-3825 FIRST BANK SCOTT MORRISON 641-6400	PURYEAR COMMUNITY DON JONES 247-3338 BETH TAYLOR 247-3784 HARRELSON BETA CLUB MAGGIE DUNCAN 247-3152 EW JAMES & SONS SUPERMARKET LINDA BROWN 642-2464 OFFICE ON AGING AND NORTHWEST NUTRITION REGINALD CALDWELL 642-2919	CLIFTY COMMUNITY JOHN/LISA CHILDERS 642-4984 CHIP ANDERSON 336-1693 CLIFTY VILLAGE JIM & ANITA BREEDING 644-7047 RESCUE SQUAD DIANN MCGUIRE 642-3162 CAROL TEDFORD 336-3802 DIALYSIS CLINIC SARAH SCOTT 644-0763 RELAY FOR LIFE ALONNA TOSH 243-2231	EDUCATOR'S DAY DANNY VEAZEY 642-8131 LYNETTE SMITH 642-3675 LISA WILLIAMS 642-3675 FRAN JENKINS 642-0961 LISA HART 247-3152 MICHAEL DENMAN 243-7114 FELICIA BATES 644-1600 LYNNE GREEN 642-4586
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2015 Health & Fitness

Take Time To Make Healthier Choices

written by: Toni Crum

In the news everyday there are warnings of what is happening to our food supply. Why are people not heeding to the warnings?

Everyday people are seeking medical help because they aren't feeling well, or worse, have come down with a dreaded disease. Why are people not heeding to the cause?

Why can't people understand what they put into their bodies has a huge impact on their health? Sometimes I have to wonder if they truly don't understand, or if they just don't care.

The bottom line is that if you aren't buying your food from a local, trusted source; or not buying organic from the grocer,

you are purchasing tainted food. It has come to the point that no matter what the food product is; it has chemicals of some sort added to it. That is why the ingredient lists have become so long on the package, with words you cannot pronounce, let alone know what they are. They are preservatives or fake flavorings, and

they are making you sick.

I know that with all of the technology we have now that people are aware of what is being put in their food supply. Why doesn't it matter to them?

It totally amazes me every time I drive past a certain fast food restaurant. It does not matter what time of day it is, there are cars wrapped around the building in the drive-thru line, and the parking lot is full! This fast food restaurant sandwich left to set out for years will

never grow mold or attract insects. Hard to believe people are actually wrapped around the



building waiting to buy one!!

You cannot continuously feed your body poison and expect to feel well. Everybody knows that cancer has hit an all time high. Every time you eat chemical/preserva-

tive laced food you are damaging your immune system. Your system is so busy trying to fight

off all the poisons you are putting into it, that it comes to a point it can no longer fight off illness or disease.

I hear so often "I can't afford to eat healthy". That comment never ceases to amaze

me. The person saying this is usually the person that is standing there complaining about how sick they always are. How the doctors can't figure out what is wrong with them. So "I can't afford to eat healthy" is spending how much money on medical services, and missing how many hours or days of work? How much is this costing them? I also often hear that "if the food isn't safe to eat, it wouldn't be available to us". Like I said at the begin-



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<p>ning, it doesn't take much effort at all anymore to find out what you are really eating.</p> <p>Let me give you some examples: -- Margarine that is set out never attracts ants. Did you know that margarine is only one molecule away from being plastic? - Produce that is set on the counter and never rots. What has been sprayed on the outside of the produce for this to happen? - Titanium dioxide (a known carcinogen (causes cancer)) is put in some products to make it</p>	<p>white. Milk, chewing gum, candy, toothpaste...and the list goes on and on.</p> <p>There are so many healthier choices available to us. It does take time to search out a reliable and trusted source to buy from. How much time is being spent going through the drive-thrus, the "super-center", or driving to a large city with more shopping options? Obesity, diabetes, cancer, migraine headaches, and upset stomach are just a tip of the iceberg of the health prob-</p>	<p>lems that people are now dealing with on a daily basis. There is so much that you can do just by changing what you eat.</p> <p>Get away from the high fructose corn syrup and you'll start seeing a difference in your weight, headaches, diabetes and upset stomach. All of that with just eliminating one ingredient. Next, start reading labels on ALL of the food products you buy. If the list goes on and on.... and you can't pronounce most of the words, put it back on the shelf. Buy</p>	<p>organic produce as much as possible to get away from spray residues (think cancer here).</p> <p>Start cooking your meals from scratch rather than go for convenience. This will give you benefits that you may never even thought of. You will be in control of what you are eating, not the restaurant. Spend time cooking as a family. Sit around the table and talk to one another, (turn off the TV and phones).</p> <p>You won't believe how much better you will</p>	<p>feel. While your co-workers are off with the flu or colds, you'll be healthy. Why? Because your body isn't trying to fight off all the chemicals you are putting into it, therefore, you have a stronger immune system.</p> <p>Our family has been raising and eating our own meats and vegetables for years. None of us have to go to a doctor for illnesses. We just don't get sick! Why? Because we're not putting chemicals in our bodies at every meal!</p>	<p>We have a Farm Market that we offer our pasture raised meats and chemical free vegetables. We also have a nice selection of organic products. There is nothing in our Market that we wouldn't eat ourselves.</p> <p>We are located at 7865 Jones Bend Road, Cottage Grove, TN 38224. Our number is 731-336-6995 and our website is www.crumfarms.com</p> <p>If we are too far from you, go to www.localharvest.com. You can type</p>	<p>in your zip code for area farmers.</p> <p>Buying direct from your local farmer allows you to see first hand how your food was raised. So many people today think that the food just magically appears on the grocers shelf. I love to give tours to people during the summer months, they are always amazed at what all is actually involved in raising their food. Do yourself and your family a favor. Buy local. Buy organic. The health benefits are endless!!!</p>
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Know Your Age Milestones For Financial Health

written by: Beverly Neighbors & Bill Wilson

Knowing the right time to retire used to be a lot easier. You worked a certain number of years and then earned the right to a wonderful retirement. However, longevity has been

the game changer for some time now. Yes, the good news is you are living longer. And yes, the bad news is you are living longer. Now, with so many potential years to plan for in retire-

ment, it is harder to determine the precise time to take this step. Unless you are forced into retirement, this is one of the most important financial decisions you might ever make.

While biological age is just a number, it is also used to mark the miles on your road to retirement. Let's take a look at the key destination points.

AGE 50

The age when you can take advantage of catch-up contributions (up to \$5,550 in 2014), which allows you to increase the amount you can contribute to

401(k)s or other retirement accounts. How does your nest egg look? You may need an extra-disciplined approach to saving and a defined benefit plan offers that platform. An important part of your retirement savings plan can be simplified to your savings rate as a percentage of your take home pay.

penalty-free distributions from qualified retirement accounts. If you make any non-qualifying withdrawals before you hit this age, you are subject to a 10% penalty. After that day, you can take out as much as you want, whenever you want.

AGE 62

This is the age you are eligible to collect Social Security benefits. Most think it is wise to wait as long as possible before applying, and they're right.

AGE 59½

This is the age you always see in the disclosure. It's the age when you become eligible for

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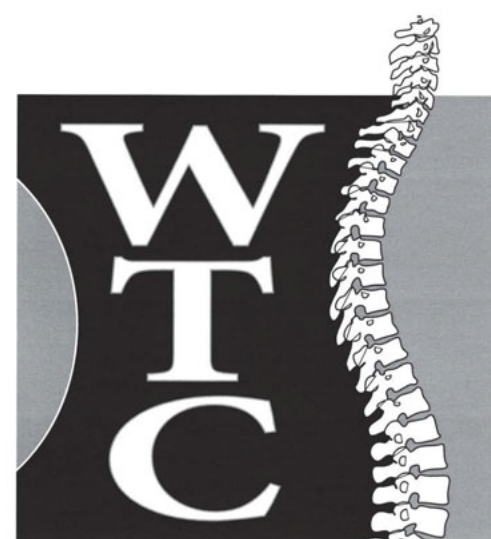
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If you do collect as early as you possibly can, the month after you turn 62, your monthly take is 25% less than if you had waited until full retirement at age 66. Plus, the longer you wait to collect Social Security, the more it can also mean for a survivor benefit for your spouse.

The point is, even when you are able to leverage government programs you are eligible for, you still need a personal nest egg to help augment a comfortable retirement.

AGE 66

This is the age when you may

gies. Your Social Security benefits further increase by 7 to 8 percent for each year you delay claiming, up until age 70. After this year there is no additional incentive to put off collecting your due.

qualified retirement accounts. Work with your financial advisor to review your distributions and ensure you have an income withdrawal plan that reflects your retirement objectives.

Age 80+

By the time you reach age 80 and beyond, you may feel you've passed all of the important retirement mile markers, but there may well be more on the road ahead. You need to keep reviewing your retirement assets and plans for any adjustments you can make. It's also a good time to start thinking about end of life decisions, and leaving legacies. A man reaching age 65 today can expect to live, on average, until age 84.3. A woman

turning age 65 today can expect to live, on average, until age 86.6. And those are just averages. About one out of every four 65-year-olds today will live past age 90, and one out of 10 will live past age 95.

While the prospect of living longer has changed the way we approach retirement, reaching certain ages is what marks the road map on this journey. And if you're feel-

ing old, just remember what Mark Twain said: "Age is an issue of mind over matter. If you don't mind, it doesn't matter."

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AGE 65

This is the age when you are eligible to enroll in Medicare and Medicare Part B. But remember, Medicare only pays a certain portion of your health-care expenses. Think about this: A couple retiring this year will need approximately \$250,000, on average, to cover medical expenses in retirement, according to a recent study. The research is based on projections for a couple of 65-year-olds retiring this year with Medicare coverage.

qualify for full Social Security benefits without earnings cap restrictions. It's also the age delayed retirement credits (worth 8% a year but end at age 70) start kicking in. This is a good age to consider collecting Social Security, but the longer you wait, the more you collect in the long run. Can you wait until age 70?

AGE 70

If you've waited this long, you get the maximum Social Security benefit and you are also eligible for other retirement strate-

AGE 70½

At this age you are required to take distributions from



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HEALTHY WAYS TO DEAL WITH STRESS

Feeling stressed out? Most of us see stress as unavoidable, as part of being an employee, parent, student; as part of being human. Stress plays an important role in keeping us aware of our surroundings and able to react to change. Your body is equipped to deal with normal amounts of stress; however, when you experience

prolonged states of stress, it can have a negative impact on your mental and physical health. Studies have found that almost half of all adults suffer from stress-related health issues. "Unrelieved stress can contribute to headaches, high blood pressure, fatigue, depression, chest pain, heart disease, obesity, and diabetes. There

are many activities and techniques that can help you to manage your stress and keep it at a healthy level," said Cathy Gniewek, Director of Lake Haven Behavioral Health. So relax! There are many activities and techniques that can help you manage your stress and keep it at a healthy level. Try some of these tips to help

you de-stress wherever you are.

- **Walk it off:** Taking a walk can help lower stress hormones by increasing your endorphins. Even walking for 10 minutes can help you shed stress. If you can, stroll

breathing tricks your body into feeling like it is relaxed and increases your oxygen levels, helping you shed tension and stress.

- **Give yourself a break:** Take some time away from your phone and computer. Re-

er during the day, and try to turn it off at least an hour before you go to bed. Unsurprisingly, studies have shown that cell phones (especially smart phones) increase stress as you feel pressured to answer every call, text, and email.

each challenge. Instead of telling yourself that a task is impossible, try thinking that you will do the best you can or that you can get through it by taking the task one step at a time.

- **Grab a snack:** Feeling hungry



through a park, as natural sunlight boosts your mood, and nature has been shown to help reduce stress and allow for relaxed reflection.

- **Take a deep breath:** Deep

search has shown that continuous computer usage has been linked to depression, loss of sleep, and high levels of stress in women. Give yourself several breaks from your comput-

- **Don't be so hard on yourself:** Negative thoughts in reaction to a stressor can actually increase stress, but thinking positively can help calm you down and get you through

puts stress on the brain, so try taking a few minutes for a small, healthy snack – like nuts or a piece of fruit – to fill you up and help you de-stress without overeating.

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- **Create a green space:** Buying plants for your house or desk can help keep you calm. Research has shown that just being around plants can help lower blood pressure and help you relax. Many plants, like aloe, are also incredible air purifiers and can help filter many toxins from the air in your home or workplace.
- **Just stop and listen:** Listening to music you love immediately boosts your dopamine levels, giving you an instant pick-me-up. Classical music is particularly relaxing; it has been



proven to lessen stress hormone levels and lower blood pressure and heart rates.

- **Get creative:** The repetitive motions involved in several crafts, like knitting and jewelry making, can be soothing and help you get rid of stress. Taking time for any creative activities

you enjoy can help you relax and get your mind away from your stressors.

You can increase your resistance to stress by improving your physical health. Make an

appointment with your healthcare provider to discuss your overall health and well-being. The better you feel, the more equipped you will be to handle life's curveballs.

Or, if you believe you are suffering from more than just stress, HCMC Lake Haven Behavioral Health can provide you with a free consultation 24 hours a day, 7 days a week. Call them at 731-644-8420 for more information.

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Paris Civic Center Has All You Need To Keep Fit

written by: Tony Lawrence

The City of Paris Parks and Recreation Department operates and maintains the Paris Civic Center. The Civic Center has several recreational and fitness oppor-

tunities including exercise rooms, an indoor swimming pool, an elevated walking track, a basketball gym and meeting room facilities. Our meeting room hosts sev-

eral organizational meetings as well as multiple exercise and wellness classes; including our Silver Sneakers program. The Silver Sneakers program is offered mainly

through supplemental insurance carriers including AARP Health Care, Humana, Windsor, and Blue Cross. The companies listed are not the only carriers, so

be sure to call or come by and check with our Silver Sneakers coordinator to see if you are eligible. Loral Underwood is the instructor; she has numerous certifica-

tions in exercise/fitness classes, and is a huge asset to this program. This program gives you free access to any area of the Civic Center as well as access to the Silver Sneaker specialized classes. This year we are also partnering with Silver & Fit which is provided by American Specialty Health Fitness, Inc. If you are a senior citizen be sure to check with your provider because you might have free access to

training with free weights and pulley weight operated machines which help maintain or grow muscle fibers. The walking track is elevated above the gymnasium and has a steady amount of users. Located below the walking track is a regulation size basketball court and six basketball goals available. It also is utilized for volleyball on Sunday afternoons. The indoor pool is unique to Paris. We

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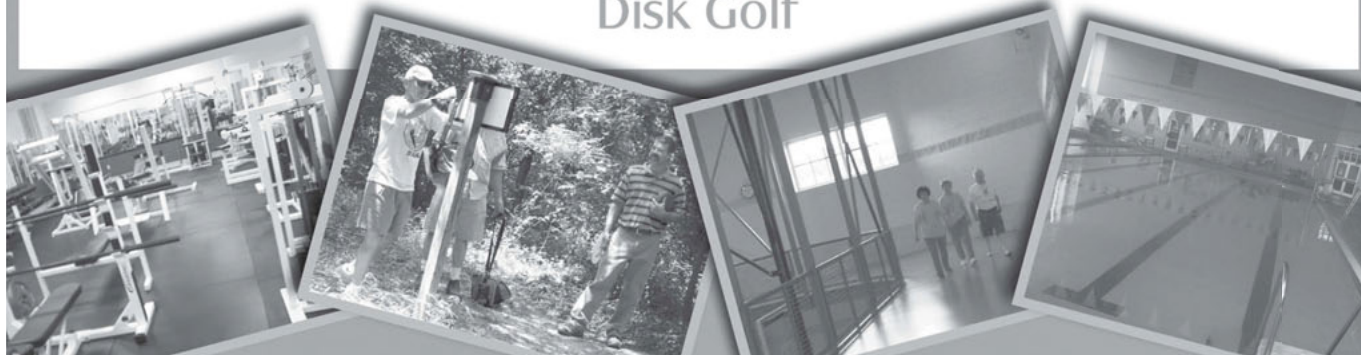


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offer open swim, lap swim lanes, water aerobics and it houses our local swim team the Paris Piranhas'. In our 16 years of operation we have been able to maintain a steady flow of patrons and look forward to the years to come. If you have questions about the facility, we would love to hear from you. Please feel free to come by for a tour or give us a call @ 644-2517

Planning Ahead Brings Peace Of Mind

written by: Geri Boyd

A Living Will, also known as an advance directive, health care directive, or a physician's directive is a legal document that a person uses to make known their wishes regarding life prolonging medical treatments. It doesn't become effective unless you're unable to make decisions and is important to have, as it informs your health care providers and your family about your desires for medical treatment. For situations where you're

unable to make decisions, but your health is not so dire that your Living Will becomes effective, you can create a power of attorney, giving another person legal authority to act on your behalf. This person is called your Agent or, in some states, your attorney-in-fact and can have as much or as little power as you wish. A Medical Power of Attorney or a Health Care Power of Attorney or health care proxy is a legal document that gives the per-

son you choose the authority to make health care decisions for you in the event you're unable to make decisions for yourself. The person you designate to make health care decisions on your behalf is supposed to consider what you would want, and act on your behalf. For situations where you're unable to care for your financial aspects, a Durable

Power of Attorney for finances or Financial Power of Attorney is a simple, inexpensive, and reliable way to arrange for someone to manage your finances if you become un-

able. A financial power of attorney can go into effect as soon as you sign it or waits until you're unable to make decisions. With medical insurance, we feel we are covered for

what-ever comes, but the truth is, a lot of medical insurances do NOT cover long term caregiver services. Long Term Care Insurances are designed to cover long-term



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vide a daily amount for services to assist with activities of daily living such as bathing, dressing, eating and personal one-on-one caregiver

services. These insurances can have limitations you are not prepared for, so research them. When primary care insurance is NOT enough, Supple-

mental Insurance can help. Supplemental insurance works in combination with other insurances. It's not designed to stand on its own or provide basic, primary health coverage and it's not for everyone. Supple-

mental health insurance can be a good option for those who need help with medical bills after their primary insurance has finished paying. These can help pay out-of-pocket expenses, emergencies not covered by

primary, outpatient services, etc. These 5 tips submitted by Geri Boyd RN-Paramedic, brought to you by Peace of Mind HealthCare Advocate Services (POM), specializing in getting the assistance you need, desire and

deserve, offering 24 hour adult caregivers, errand runners, housekeeping, liaison between healthcare providers, transportation, invalid care classes at home and other services. POM: 'Where We Care About The Care You Receive!'

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Proper Portion Sizes Help With Maintaining Weight

How much is too much? During infancy, the human body instinctively knows to stop eating when it is full despite the amount of food offered; however, at as young as two years of age, we begin to be affected by portion sizes.

Restaurant portions and food packaging have grown significantly in recent years, distorting our judgment of appropriate serving sizes. Being faced with larger portions, especially when eating high calorie foods, can lead to a considerable excess in your daily caloric intake.

"Research has shown that we unintentionally eat more when we are given larger portions for snacks and meals. Restaurant portions and food packaging have grown

significantly in recent years, distorting our judgment of appropriate serving sizes. Being

sual examples can be helpful when determining an appropriate serving size; for example,

plates and leave any extra in the kitchen to avoid the temptation of going for seconds.

no-stress snacks.

- Forget about spoiling your dinner; eating small, healthy snacks throughout the day as you get hungry will help keep you from overeating at mealtimes.

- Separate the contents of large packages of food into several smaller bags or containers to create convenient, ready-to-go snacks and avoid accidental overeating.

- When buying in bulk, store what you don't need right away somewhere harder to get to. If it isn't within easy reach, you will be less likely to grab for it.

- Keep any especially tempting or

unhealthy foods out of sight, storing more healthy options in front at eye level.

- Restaurant portions are particularly large. When eating out, try splitting a meal with a friend or asking for a to-go box right away so that you can immediately box up half of your meal to eat later. Many restaurants also offer light or lunch menus with more appropriate serving sizes.

- Slow down! While you are eating, pay attention to the color, scent, taste, and texture of each dish, and take the time to stop between bites to talk with friends or

family. When you eat slowly, your body will be better able to recognize when it is full, and you will be able to fully appreciate what you are eating.

For more tips to keep your portions in control, visit choosemyplate.gov or go to our website at www.hcmc-tn.org. For more healthy tips on living a healthy lifestyle, call the Paris and Henry County Healthcare Foundation for information on the 8-5-2-1-0 program at 731-644-8215.



faced with larger portions, especially when eating high-calorie foods, can lead to a considerable excess in your daily caloric intake," said Kim Dempsey, MS, RD, LDN, Clinical Dietician at HCMC. Avoid common food portion pitfalls by following these tips:

- Familiarize yourself with healthy serving sizes. Vi-

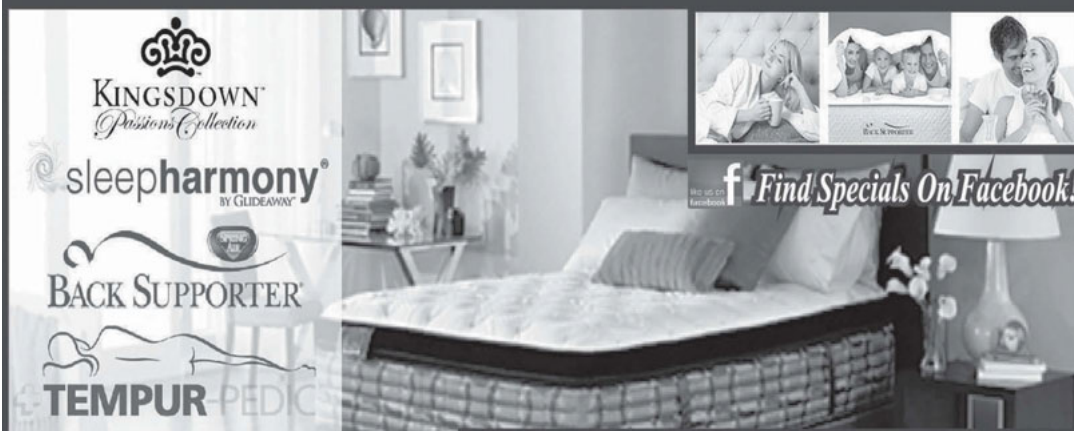
a serving of cereal or pasta (1/2 cup) should be the size of a hockey puck, a serving of fish (3 ounces) should be the size of a deck of cards, and a serving of butter (1 teaspoon) should be the size of the tip of your thumb.

- When serving dinner at home, keep serving dishes off of the table. Serve food directly onto individual

- Instead of eating snacks right from the box, put an appropriate serving size in a bowl and put the box away to avoid "grazing."

- Buy single-serving treats for easy,

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What Pain Is Telling You

written by: Dustin Forrester, DC

No pain, no gain. What does that phrase mean to you? Many people believe this to be true because exercise causes them pain, or because pain prevents them from exercising. I can't find who first came up with the phrase, or where it came from, but it's a huge misconception among people everywhere. Whether you're lifting weights, training for a half marathon, or just taking a nice walk, your exercise should not cause you pain. If something is bothering you enough that you can't perform a certain movement, or if you're limited in a certain range of motion, then something with your body is not working right; therefore it causes you pain. If you experience this, get the problem checked out. It doesn't matter if you choose your chiropractor, family MD, physical or

massage therapist, let someone who knows something about your pain figure out why you're having the pain. Small problems eventually turn into big problems, and small problems are a lot easier to fix than longstanding problems. For example, lifting should not hurt your back; if it does, then something's not working right. If certain activities or exercises hurt your back, get your spine checked out so you can know what exercises you should be doing and if there are any you shouldn't be doing.

Now let's talk about your feet and how they affect every joint in your body from the ground up. It doesn't matter if you're walking, running, standing, pushing, or pulling, your feet control the way your body moves as a unit. Once your foot strikes the ground, everything from

your ankles to your neck needs to move in sync to prevent a problem from forming. Walking or running in the wrong shoe, or without proper support, can cause more harm than good. Wearing the right shoes can prevent or slow down wear and tear on ankles, knees, hips, and even lower backs. Don't just buy shoes based on looks, color, or brand. Nearly every brand makes shoes for certain types of arches and gaits. It is important to know what type of arch you have. Before you buy shoes you need to know if you're a pronator (flat feet), supinator (high arches) or neutral (which is what most of us think we are, but rarely is the case!). If you're not sure, look at your footprint after you get out of the shower. Only your heel and ball of your foot should leave a mark on the floor. Nowadays,

this is rare, but if that's what you see, you have a perfect arch. If you have flat feet, you will see that every part of the bottom of your foot touches the ground when you step. Flat feet cause plantar fasciitis (arch pain), heel spurs, inside knee pain or pain under the kneecap, and/or groin pain. This is because your foot rolls in when you step, making your ankles roll in, knees roll in, and even your hips (which affects your lower back). The opposite step (and most common) is a step where only the

outside of your foot touches the ground. Many people have no idea that they do this, but others can be so severe that they wear out the sides of their shoes. We see many people every day who have outside leg pain which is worse when standing or walking. This condition is often misdiagnosed as sciatica (which is actually pain down the back of the leg) but may actually be coming from the way you walk. Pain or burning down the side of the leg, usually above the

knee, is known as IT band syndrome and usually comes from people with a flat outside arch. The more you walk, the more your knees roll out, causing the side of your leg to become sore and inflamed. This type of step can also cause pain and/or burning in the gluteal region (buttock); this condition is known as piriformis syndrome. Both piriformis syndrome and IT band syndrome are very commonly misdiagnosed as sciatica or bulging discs.

Pain is not normal, it is a sign that our bodies aren't functioning the way they are supposed to. Not matter how many times you hear "it's normal" or "it's part of growing old," it's not. It's your body's way of telling you that something is wrong and needs to be fixed. In summary, get your body checked out if you have any aches or pains, even if it's something small or occasional. In your lifetime you only get one body, you might as well take care of it!

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Obituaries

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Jean Wooden
died on January 19, 2015
McEvoy Funeral Home
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*In Memory of
Sarah Seay Inman
died on January 23, 2015
McEvoy Funeral Home
is in charge.*

*In Memory of
Della Nanney
died on January 24, 2015
McEvoy Funeral Home
is in charge.*

*In Memory of
Sara Jeanette Parker Lindsey
died on January 25, 2015
McEvoy Funeral Home
is in charge.*

*In Memory of
Cynthia Milliken
died on January 25, 2015
Ridgeway Funeral Home
is in charge.*

*In Memory of
Mary Ruth Perry
died on January 25, 2015
Ridgeway Funeral Home
is in charge.*

*In Memory of
Leva Jane Simmons
died on January 26, 2015
McEvoy Funeral Home
is in charge.*

MCKENZIE

*In Memory of
Carrie Mayberry
died on January 21, 2015
Brummitt-McKenzie Funeral Home
is in charge.*

*In Memory of
Gary McCormick
died on January 24, 2015
Brummitt-McKenzie Funeral Home
is in charge.*

HUNTINGDON

*In Memory of
Beatrice Leslie
died on January 20, 2015
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is in charge.*

*In Memory of
Leonardo Mogrobejo Varggas Cardenas
died on January 21, 2015
Dilday-Carter Funeral Home
is in charge.*

*In Memory of
Ava Clark Smothers
died on January 21, 2015
Dilday-Carter Funeral Home
is in charge.*

*In Memory of
Mable Justine Sellers
died on January 22, 2015
Chase Funeral Home
is in charge.*

*In Memory of
Paula Maurine Cary
died on January 24, 2015
Chase Funeral Home
is in charge.*

*In Memory of
James Robert Gooch
died on January 26, 2015
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is in charge.*

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*In Memory of
Joanna Gordon
died on January 22, 2015
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*In Memory of
W. C. Hollingsworth
died on January 23, 2015
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Eloit Melton
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MOBILE HOME with garage on approximately 2 acres. 175 Tanglewood off 641 N., \$23,000. 731-336-0421.

NEW 4BD 2 BA Living room and den with del & set up \$49995. Check out the deals at Easy Living Homes LLC <3 Way> Humboldt, TN 731-784-5033.

NEW 4BD 2BA living room and den, with del & set up, \$49,995. Check out the deals at Easy Living Homes LLC <3 way> Humboldt, TN 731-784-5033.

W. C. MOBILE HOME SERVICE - We move mobile homes. Tires and axles, licensed and insured. 731-352-6065, 731-694-4096.

WANT TO BUY

\$25,000 REWARD - for older Fender, Gibson, Gretsch, Martin, Mosrite, National guitars. Paying \$500-\$25,000+ Please call Crawford White in Nashville, 1-800-477-1233, NashvilleGuitars@aol.com

CASH PAID up to \$25/box for unexpired, sealed diabetic test strips! 1-day payment. 1-800-371-1136.

HIGHEST \$\$\$ PAID for cars, trucks, old farm tractors, junk or repairable. 731-247-3064.

OLD GAS & OIL SIGNS, porcelain or metal. Any kind of drink signs. 731-333-6475 or 731-363-5072

OLD GAS PUMPS, restored or not restored & old air pumps. 731-333-6475 or 731-363-5072

RECYCLE aluminum cans, brass, copper, radiators, stainless, aluminum and batteries. Copeland Metals, 2605 Hwy 69S, 731-642-1481.

WANT TO BUY junk cars. Call 731-642-7589.

WANT TO BUY: SET OF HEARING AIDS that go behind the ear. Cash Paid. 931-217-4515

WANTED: SIX LUG 15 or 16 inch aluminum wheels. 931-264-0170, Humphreys County.

WANTS TO PURCHASE MINERALS and other oil and gas interests. Send details to PO Box 13557 Denver, CO 80201.

YARD SALES

GARAGE SALE - Jan. 31st, 283 Keel Hollow Rd, Dover, TN 37058. 9am-1:30pm. Antiques, old iron bed, rare glassware. No clothes. No early birds please.

LAST WEEK'S SOLUTION

7	8	2	1	5	6	3	4	9
3	5	4	7	9	2	1	8	6
1	9	6	8	4	3	2	5	7
9	3	7	4	8	5	6	1	2
2	4	1	6	7	9	5	3	8
5	6	8	2	3	1	9	7	4
8	1	9	3	6	7	4	2	5
4	2	5	9	1	8	7	6	3
6	7	3	5	2	4	8	9	1

BOATS

140 HP EVINRUDE Looper, tilt trim controls, salt water motor, \$850. 140hp Evinrude, mid 70's, tilt trim controls, \$1500. 805-889-3508.

25HP EVINRUDE, electric start, tiller handle, short shaft, camo, \$800. Pontoon console, \$50. 17' Stratus, trailer, dual steering, hot foot, 175hp Evinrude, needs upholstery, \$2500. 18hp Evinrude, electric start, tiller handle, short shaft, \$500. 70hp Johnson, \$500. 50hp Evinrude, tilt trim controls, \$1000. 75hp Mercury 80s model tilt, trim controls, \$1500. 1956 Evinrude 5 1/2 hp \$100. 1956 Johnson 7 1/2hp. 2 Opposed Johnson very early outboard motors \$50 each. 65hp Johnson, hydro electric with controls, good shape, \$500. Console for aluminum fishing boat, with rotary helm, \$75. 805-889-3508.

8' 2 MAN BASS Buster and trailer, two seater. \$550. 731-676-3100.

'87 RANGER CLASSIC STAR, factory showboat with all extras. 150 Mercury XKE, \$13,850 or OBO. 270-753-7185 Murray, KY

MERCURY 115 HP, Inline 6, power trim, controls, new paint, new decals, great shape, \$1200. 731-247-5877.

"TOO MUCH MOTOR" I have a 115 HP Evinrude on a pontoon boat. I want to downsize to a 90 or 100HP Johnson or Evinrude engine. I will pay half of the cost for testing of start, tilt and operational checks of both engines by marine mechanical dealer. "Make and offer." 731-247-3350.

WANT TO BUY OLD OR BLOWN UP boat motors, boats, or boat trailers. Call Parker Marine 731-642-6569.

RVS & CAMPERS

'08 CROSSROADS CRUISER 5th wheel camper, Very clean, \$19,000. 731-333-4151

2000 CLASS C Motor Home, Coachman Leprechaun 313 QB, 50,798 miles, F450 with V10 motor, sleeps 8, very good condition. Call for more information. \$19,500. 731-363-5755.

2002 DUTCHMEN CAMPER - sleeps 6, A 1 condition, on KY lake, Britten Ford Campground on Dickson Lane. 100' from the water, best view on KY Lake. Rental lot. Lots of extras. Everything goes, \$9,500 firm. Priced to sell. One owner. Well taken care of. 731-234-0081.

2003 HOLIDAY RAMBLER 30' Camper, \$9,000. 5th wheel hitch for camper, \$350. Tailgate for 5th wheel hitch, \$100. 150' Cyclone fencing with rails, \$100. 731-676-0890.

MOTORCYCLES

'10 YAMAHA RAPTER 90, automatic, low hours. \$1,800. 731-333-4151

2007 HONDA 1300 ZTX, 2006 YAMAHA 650 CLASSIC. VOYAGER Trike kit. All in excellent condition. 731-644-1945 or 731-333-4393

660 YAMAHA 660 4X4 4 Wheeler, green, great tires, winch, def lock, uses no oil, great condition, lots of extras. \$3000. 731-363-8716.

HUSTLER 6X6 AMPHIBIOUS ATV, new tires, new motor, good condition, \$1500. 731-247-5877.

JOHN DEER GATOR - with electric dump, good tires. Runs and drives great. Not 4WD. Looks really good. 731-336-0927.

JOHN DEERE GATOR - 4x2, electric dump, good condition, \$2500 OBO. 731-247-5877.

NEW INVENTORY at Willoughby's Cycle Shop, 2003 Honda CB250 Nighthawk, red, 3915 miles, windshield, sissy bar/pad, \$1895. 2005 Yamaha YP 400T "Majesty," dark blue, 5776 miles, \$3495. Both like new, freshly serviced & in excellent condition. Other bikes, ATV's available. 731-642-9460.

CASINO TRIP

JACKPOT TOURS

FEBRUARY 7TH

HORSESHOE & FITZ

Tickets \$45 \$25 Slot Play, 1 Free Buffet
Load bus in Paris 6:30am, McKenzie 7:00am, and Huntingdon 7:15am.

WE'LL SAVE YOU A SEAT!

CALL 731-336-8057!

AUTOS

'01 PONTIAC AZTEC, runs and drives great, real good motor, 4 new tires, brand new battery, rough interior. \$800 firm. 731-336-0927.

11,838 NEW AND USED cars will be purchased by our readers this year. Call today at 731-644-9595 to place your ad.

1984 BUICK LIMITED - 131K miles, clean, 2nd owner, \$1800. 270-293-3117.

1990 CHEVY LUMINA, V6, auto, 86,000 miles, runs great. \$2500. 1991 Crown Victoria, v8, auto, 2 owners, excellent condition. \$3000. 642-3075

1991 CHEVROLET FOR SALE - 127,xxx miles. Some cosmetic issues but runs great! Call 931-627-3974 for details.

1994 LINCOLN TOWN CAR, 4.6 engine, 171K miles, has blown head gasket, otherwise good car, \$1,000. 731-336-9964, leave message.

2002 STS CADILLAC, silver, leather seats, moon roof, excellent condition, garage kept, older couple who doesn't drive anymore, 70,600 miles. 731-644-3964

2002 SUNFIRE - 4 cylinder, automatic, cold air, nice car, excellent condition. with sunroof. 731-593-5367.

2004 CADILLAC SEVILLE SLS, stock#P1993A, 129,746 miles, leather seating, chrome wheels. Joe Mahan Ford, 731-642-4711.

2004 MONTE CARLO SS, loaded, PW, PDL, heated seats, sun roof, tinted windows, clean car. \$5500. 731-363-2493.

2011 FORD FIESTA, stock#P1976A, 17,000 miles, leather seating, moon roof. Joe Mahan Ford, 731-642-4711.

2012 FORD FUSION SE, Stock#P1978, 10920 miles, moon roof, Sync voice activated systems, 17" Alloy wheels, power driver's seat, rear spoiler. Joe Mahan Ford, 731-642-4711.

2012 FORD TAURUS, stock#T6746A, 19,320 miles, leather interior, Sync Voice Activation system, Michelin Tires. Joe Mahan Ford, 731-642-4711.

2013 KIA OPTIMA LX, Stock#P1933, 19,350 miles, 4 cylinder, 2.4 liter, auto transmission, FWD, 35 mpg highway. Joe Mahan Ford, 731-642-4711.

BARGAIN PLACE USED CARS - We finance! No Credit Check! AND low down payments. 8345 Hwy. 79N., Buchanan, TN. 731-644-1800.

HIGHEST \$\$\$ PAID for cars, trucks, junk or repairable. 731-247-3064.

TOP CASH FOR CARS. Any car/truck, running or not. Call for instant offer: 1-800-454-6951.

WANTED DEAD OR ALIVE - cars, trucks and farm tractors. Call 731-247-3064.

TRUCKS & VANS

'05 GMC 2500 4x4, gas, 113K miles. REDUCED to \$12,500. 731-333-4151

1987 CHEVY BLAZER K5, 4x4, strong motor, new tires, \$3200. 731-363-2493.

1993 CHEVROLET SILVERADO 4x4, ext. cab, positive track, 18K miles on rebuilt motor. \$3595 OBO. 731-415-1583.

1995 CHEVY LUMINA Van, 3.8 auto, air, cruise, tilt, 4 new tires, to many new parts to list. \$1200 OBO. 731-363-8990.

1998 DODGE DAKOTA, extended cab, 4X4, 277k miles, \$3200 OBO. 731-336-8597

1999 DODGE DAKOTA, 318 engine, automatic, bed cover, extra cab, runs great. \$3650. 731-644-1945 or 731-333-4393

2000 PSI PRESSURE WASHER, used very little. \$120. 731-336-0927.

2004 TOYOTA SIENNA SLE Mini Van - loaded, excellent condition, with only 107K miles, also have service records. \$7950. 731-415-8243, 731-986-9773.

2005 CHEVY AVALANCHE - LT, 5.3 V8, Z71 4x4, heated leather seats, sunroof, 20" chrome wheels, new tires, Bose radio, much more, \$13,500 OBO. 731-986-4338.

2007 MERCURY MARINER, stock#T6859A, V6 power, moon roof, 6 disc CD player. Joe Mahan Ford, 731-642-4711.

2010 FORD RANGER - 4 cyl., auto, very clean, 74K miles, excellent condition, cold air, cruise, bed cover, \$9,000. 731-641-6193, 731-363-5484.

2012 RAM LARAMIE 1500, stock#T6729A, 5.7 Hemi engine, heated/cooled leather seating, 20" wheels, Navigation, moon roof, fiberglass cap, Weather Tech floor mats, sprayed in bedliner. Joe Mahan Ford, 731-642-4711.

2013 CHEVROLET EQUINOX Stock#P191A, 26,459 miles, one owner, accident free Car Fax, 2.4 liter 4 cyl. engine, Alloy wheels, power driver's seat, luggage rack. Joe Mahan Ford, 731-642-4711.

2013 FORD EXPLORER XLT, stock#P1985, 23,126 miles, heated leather seating, dual panel moon roof, back-up camera with Sopar, blind spot monitoring system, third row seating. Joe Mahan Ford, 731-642-4711.

2013 FORD F350 LARIAT, Stock#T6871A, 50,410 miles, 6.7 liter Turbo diesel, 4x4, sun roof, heated & cooled leather seating, navigational remote start, sprayed in bed liner, 20" wheels. Joe Mahan Ford, 731-642-4711.

'95 F 150 4X4, 6 cyl, 5 speed, high mileage. \$2100. '76 F700 Grain truck, 42,400 miles, commercial motor, 361, 5 speed transmission, 2 speed rear end. \$5200. 931-627-1154.

HOT ROD - 1946 FORD Pick up. 283 automatic, \$5,500. 731-642-3785.

AUTO PARTS & ACCESSORIES

6'X10' FACTORY-MADE UTILITY TRAILER, \$650. 731-644-1945 or 731-333-4393

20,089 of Peddler readers will be purchasing automotive accessories, tires, brakes, & services this year. Call today to place your ad. 731-644-9595

LIKE NEW NISSAN TITAN Bed Extender - P/N 999t7WQ150 Unitrac Accessory, cost new \$187 sell \$75. 731-336-8252.

NEW SBC ALM, heads 205CC runners, 64CC chamber/angle plug casting, \$425 pair. New SBC or BBC electronic billet dist. w/65K volt coil, ready to run. New built 350 SBC engine .040 bore alm, air-gap intake, double hump 461 heads, 10:1 comp, too much to list, new on stand. Please call after 4pm, 731-336-3273.



Moon's Jewelry & Repair

"SERVICE WITH QUALITY & EXPERIENCE"

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Open Mon-Sat 9am-5pm • Closed Wednesday

THIS AREA'S LEADING
**BUYER OF
SCRAP GOLD**

**DO YOU NEED EXTRA
MONEY TO PAY BILLS?!**

Then **BRING IN YOUR OLD, BROKEN
OR DAMAGED JEWELRY and TURN
YOUR SCRAP GOLD INTO CASH!**

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'07 Kia Sportage
Leather, Sunroof, Extra Sharp!
CASH ONLY \$9,995 Stk#527



'03 Lincoln Aviator
Leather, Sunroof, DVD,
3rd Row, New Tires, Must See! Stk#547



'05 Dodge Dakota
Leather, 4 Door, 4X4,
Super Nice! Stk#514



'94 Chevy K1500
4X4, Ext. Cab, No Rust,
Great Truck! Stk#512



'03 Chrysler Town & Country
Leather, 4 Captain Chairs, Loaded, DVD,
Stow n' Go! **CASH ONLY \$5,995** Stk#526



'06 GMC Sierra
4 Door, 4X4, Must See!
Great Truck! Stk#497

MULTIPLE FINANCING OPTIONS AVAILABLE!

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14800 Highland Dr. (Hwy 79) • Mckenzie, TN • 731-393-0771



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We are your one-stop shop for all your auto and truck accessories and Street Dynamics has been in business for over 20 years. We offer a wide variety of accessories for all types of vehicles, including vent visors, trailer hitches, chrome accessories, Armorthane spray-in bed liners, truck bed lids and covers, WeatherTech floor liners, step bars, running boards, tool boxes, grille guards, seat covers, and much more.

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Over 25 Years of Rebuilding Experience
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USE YOUR HOME EQUITY TO:
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PROVIDING FOR ALL YOUR FINANCIAL NEEDS
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Where Friends Come To Meet!
Cold Beer • Pool Tables
Dart Board • Internet Juke Box
3485 Hwy. 641 S. • Paris, TN 38242
731-407-7370

Peddler ADvantage JACKPOT
\$500.00
You have to use the current week's issue to be eligible to win!
THIS WEEK'S WINNING NUMBERS WERE
9 26 34 47
and were drawn by Mike @ Crestview Manor Apartments
NO WINNER THIS WEEK!

Numbers will be drawn each Tuesday morning. Look in next week's Peddler ADvantage for the 4 winning numbers. Jackpot increases \$25 each week until won or \$500 limit. Then a new Jackpot will begin at \$25.
JACKPOT RULES
Absolutely only one entry per household each week! No photocopies will be allowed. Any Jackpot entries that have the same handwriting or appear to be in conjunction with any other entry will be disqualified. All entries must be brought or mailed to the Peddler ADvantage (512 North Market Street, Paris, TN 38242) before 5pm or postmarked before Friday prior to Tuesday's drawing. We are not responsible for entries lost or late by mail delivery. If more than one correct entry is received the Jackpot will be split between the winners. The Judge's decision is final. Employees and family relation not eligible to enter contest. Must be 18 to enter.
PICK YOUR FAVORITE 4 NUMBERS BETWEEN 1 & 50
Jackpot form must be completely filled out to be eligible to win.

Name: _____
Address: _____
City: _____ State: _____ ZIP: _____
Phone: () _____

SPORTING GOODS

1999 BUMBARDIER NEV, 72 volt, street legal, golf cart, needs work, manual, \$750. 931-627-3390

2009 CLUB CAR GAS GOLF CART, new tires, aluminum wheels, seat covers, lights, runs excellent, \$2675. 931-627-3390

ANTIQUE SINGER Treadle sewing machine, works good. \$75. 970-456-8920.

RUGER REVOLVER, Super Red Hawk, 3 in. barrel, 454 CASULL, like new w/ extras. Thompson's Center 50 caliber muzzle loader w/ scope. 731-441-4332

SMITH & WESSON model 29, .44 mag 6" barrel, nickle plate, unfired in box, \$1200. 731-247-5877.

MISCELLANEOUS

12 HOME INTERIOR candles in glass jars with screw on metal lids, new, \$50. 731-644-9216.

1980 Honda Goldwing, \$950 OBO. '83 Honda Shadow 500, \$850 OBO. 1970 Honda 750 Chopper, \$650 OBO. '72 Honda 70 Passport Scooter, \$700 OBO. 8 hp go cart/buggy, \$600 OBO. 270-978-4117, call or text.

TIRED OF PAYING a monthly bill for TV. Call Beasley Antenna & Satellite. 877-726-4077.

2008 EASY GO Golf cart with new batteries and charger, \$2100 firm. 731-642-7710.

2 GLASS PURE ONE LAMPS, 120 gallon fish tank, Large bird cage, motor guide foot control trolling motor, 47 lb. thrust. 731-644-1945 or 731-333-4393.

VIAGRA 100MG AND CIALIS 20 MG! 40 tabs + 10 Free, \$99 includes free shipping. 1-888-836-0780 or Metro-Meds.net

2 QUEEN ANNE END Tables, 1 round, 1 square, \$35 each. 2 Antique gold leaf end table with glass top, \$200. 2 antique poster bed frames, regular size, \$75 each. New Queen quilt, red, white & blue pattern 9 diamond with presidents, names and dates in office, \$300. 731-819-1351.

2001 FEATHER LITE, 7' wide 18' long, 2 horse, camping and horse trailer, living quarters, aluminum, \$8500. 731-676-6475.

58,000 BTU PROPANE wall mounted heater, \$100. Register, \$30. 320 gal propane tank, 1/2 full, \$600. 731-642-1658.

7 MEN'S LONG sleeved shirts, shades of brown, blues and burgundy, mostly plaids. Size medium, \$50. 731-644-9216.

ADVERTISE TO 10 million homes across the USA! Place your ad in over 140 community newspapers with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFPA at danielleburnett-ifpa@live.com or visit our website cadnetads.com for more information.

AIRLINE CAREERS. Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly. Call AIM, 866-453-6204.

AVON REPS needed in this area immediately. Start up is only \$15. Call 731-336-9757. Ask about the \$200 bonus.

Clip and save this phone number
24 Hour Obituary Line
731-642-0252
Ridgeway Funeral Home
Dunlap Street ~ Paris
731-642-2121
Is Our Business Line

BOOKS, GIFTS, MORE. Handcrafted gifts, books, gift certificates. Books & More. 1027 Mineral Wells, Paris. Next to Save-a-Lot shopping center. 731-924-2360.

CASH FOR CARS. Any make or model! Free towing. Sell it today. Instant offer: 1-800-864-5784.

COMMERCIAL DOUBLE door cooler, Hickory Creek BBQ Cooker, commercial gas grill with oven, deli cold case, commercial electric deeper fryer, Bunn stainless steel tea maker, Bunn 3 warmer coffee maker, commercial 10" meat slicer, fax/copy machine. Call 731-535-9085 after 3:30 pm or text any time. I will get back with you. Do no leave message.

CULVERTS FOR SALE - many different sizes and lengths. 731-986-8271.

CULVERTS FOR SALE - will deliver to your job site. 731-584-2558.

DELETE BAD CREDIT in just 30 days?! Stop getting turned down because of bad credit Free to start! A rated w/BBB Call now! 844-560-7687.

DEMOLITION SERVICES - Complete clean up of burned out or standing old houses, barns, mobile homes, etc. Free Estimates. Roy 731-363-1742

DIRECTV starting at \$19.99 month FREE movies, FREE equipment call for installation in 24 to 48 hours, 877-726-4077.

DIRECTV! Act now - \$19.99/month. Free 3-months of HBO, Starz, Showtime & Cinemax. Free Genie HD/DVR upgrade. 2014 NFL Sunday Ticket included with Select packages. New Customers Only. IV support Holdings LLC - an authorized DirecTV Dealer. Call 1-800-354-1203.

DISH NET TAIL GATER - \$225, like new. 731-225-6551.

DISH TV RETAILER. Starting at \$19.99/month (for 12 months) & high speed internet starting at \$14.95/month (where available). SAVE! Ask about Same Day Installation! Call Now! 1-800-615-4064.

MIKE'S MUFFLERS INC.
Complete Brake Systems Auto Repairs
204 East Blythe St.
Paris, TN 38242
731-642-4992
Mon-Fri 8am-5pm
Mike Weatherford - Owner

EDENPURE GEN 2 Infrared heater with remote. Used once season. Retail \$397, paid \$200, sell \$100. 731-593-5769.

EXERCISE EQUIPMENT - treadmill and stationery bike. Used very little. \$600 for both. 731-641-0345, 731-697-0773.

GMC TOW PACKAGE for car or small pick up, \$100. 2 DuoFast Nailers, 8, 12, 16 size nails, \$100 each. 731-819-1351.

HAV-A-BOTOR w/2 turners, \$75. China cabinet, \$100. 2 heavy duty winches, no handles, \$25 each. 1 12v. winch, \$25. Coffee table w/2 free end tables, \$50. Westminster Clock, 3 spring cylinder, needs work, \$100. 2 table band saws, \$15 each. 4 kit. chairs, \$20. Green chair w/ ottoman, \$75. A frame w/ hoist, \$100. 731-407-4838.

HONEY BEES for sale - taking order for 5-frame nucs. 731-441-1911.

HORSE FEEDER, good condition, red, solid build. \$125. ALSO, 4 BABY RABBITS. \$5 each. 731-535-2512 or 731-358-1667 Sunday - Friday 8am-4pm.

JOHN DEER GATOR - with electric dump, good tires. Runs and drives great. Not 4WD. Looks really good. 731-336-0927.

MAKE A CONNECTION - Real people, flirty chat. Meet singles right now! Call LiveLinks. Try it Free. Call now 1-888-909-9905, 18+.

M O T O R I Z E D WHEELCHAIR, Invacare M61 Pronto Sure Step, good condition, works great, maroon/grey charcoal, great deal \$500 407-353-8092

NUWAVE INFRARED OVEN (new), \$40. Elite Deep fryer, 3.5 qt (new), \$20. Ginny Toaster oven (like new), \$30. Flat screen monitor, wireless key board & mouse, \$30. 734-277-0656.

OAK ENTERTAINMENT center, like new, paid \$500+ new. 41"wide X 57" high total size. 37.5" wide x 36"high x 20" deep. Shelf and drawer. Also, 27" Panasonic TV, works fine, need new remote. Asking \$185 OBO. 731-642-3742, after 5pm.

RV SPECIAL, '47 Ford Tractor, '50 Ford Tractor. Harry Ferguson Tractor, 3 wheel motorcycle. 731-586-4618.

TIME IS RUNNING OUT to buy a new Classic Outdoor Wood furnace from Central Boiler. Call today for more information and special pricing! Haywood Outdoor Furnaces, 731-234-7004.

SANYO FLAT SCREEN, 32", \$100. Emerson 25" \$50. Kenmore 17 cu. ft. refrigerator, 10 years old, works perfect, \$100. Maple dresser, with mirror, \$150. Set of nearly new twin beds, one is a hospital bed, with sheets, everything works, \$150. 731-333-4181.

TANDEM AXLE flat bed car hauler, 16'x6'4", heavy duty, good tires, brake axle, excellent condition, \$950. 731-676-6475.

TIRED OF PAYING a monthly bill for TV. Call Beasley Antenna & Satellite. 877-726-4077.

USED SONY Playstation 3 slim, 120 gb internal memory, 1 controller, 1 A/C plug, \$100. 270-753-8594.

TOTE BAGS made from dog, cat, horse & bird food bags. \$4 each. Can be seen at Mineral Wells Animal Clinic. Money goes to Dog House Rescue. 731-644-9216.

TRAILER PARTS: AXLES, bearings, bushings, brakes, couplers, hanger kits, hubs, jacks, LED lights, ramps, shackles, u-bolts, grease plugs caps. 731-642-8420.

DIRECTV starting at \$19.99 month Free movies, Free equipment call for installation in 24 to 48 hours. 877-726-4077.

VIAGRA 100MG AND CIALIS 20 MG! 50 pills \$99. Free Shipping! 100% guaranteed. Call Now! 1-866-312-6061.

OUR DUN-FOUND-IT WINNER THIS WEEK IS:

Bobbie Brady

Please come by the Peddler to receive your certificate.

PERSON TO PERSON

HOW TO RESPOND TO A PTP: 1st Step - Write a letter. 2nd Step - Put letter in an envelope. 3rd Step - Seal envelope. 4th Step - Write PTP number on back of envelope. 5th Step - Put stamp on front of envelope. 6th Step - Place envelope in second envelope with \$3 (cash only). 7th Step - Seal envelope and mail to: PTP, 512 North Market Street, Paris, TN 38242. Be sure that your letter to be forwarded has a stamp on it otherwise it will not be mailed. PLEASE NOTE: If these instructions are not followed, your reply will not be sent.

5'2" and 135lbs. I'm divorced and looking for that special lady to spend life with. I'm a good, fun loving, kind hearted country boy. I want a woman that's kind, fun loving, faithful and loves to spend time

with that special someone. I'm very active and love fishing, camping, flea markets, movies, country music, etc. I drink socially and am non-abusive. I live in TN part-time but own my place and

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- 2 bedroom available
- Senior Adults (over 55)
- Appliances Included
- \$450.00 per month

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DUN-FOUND-IT! ★

All you have to do is locate the above 5 symbols in the various ads in this week's Peddler. Once you have found the symbols fill out the form below. Write the business name of the ad you found the symbol in. We will take all the forms with correct answers and draw a winner each week. Form must be filled out completely and returned to the Peddler office by noon on the following Monday. Mail entry to: 512 North Market Street, Paris, TN 38242. **THIS WEEK'S WINNER WILL RECEIVE 2 TICKETS TO THE PARISIAN THEATRE.**

DUN-FOUND-IT GAME FOR JANUARY 28, 2015



Name: _____

Phone: _____

Miss Pearl's Country Cookin'

Salsa Chicken

Original recipe makes 4 servings
4 skinless, boneless chicken breast halves
4 teaspoons taco seasoning mix
1 cup salsa
1 cup shredded Cheddar cheese
2 tablespoons sour cream (optional)



Preheat oven to 375 degrees F
Place chicken breasts in a lightly greased 9x13 inch baking dish. Sprinkle taco seasoning on both sides of chicken breasts, and pour salsa over all. Bake at 375 degrees F for 25 to 35 minutes, or until chicken is tender and juicy and its juices run clear. Sprinkle chicken evenly with cheese, and continue baking for an additional 3 to 5 minutes, or until cheese is melted and bubbly. Top with sour cream if desired, and serve.

Sopapilla Cheesecake Pie

original recipe makes 1 - 13x9 inch pan
2 (8 ounce) packages cream cheese, softened
1 cup white sugar
1 teaspoon Mexican vanilla extract
2 (8 ounce) cans refrigerated crescent rolls
3/4 cup white sugar
1 teaspoon ground cinnamon
1/2 cup butter, room temperature
1/4 cup honey



Preheat an oven to 350 degrees F. Prepare a 9x13 inch baking dish with cooking spray. Beat the cream cheese with 1 cup of sugar and the vanilla extract in a bowl until smooth. Unroll the cans of crescent roll dough, and use a rolling pin to shape each piece into 9x13 inch rectangles. Press one piece into the bottom of a 9x13 inch baking dish. Evenly spread the cream cheese mixture into the baking dish, then cover with the remaining piece of crescent dough. Stir together 3/4 cup of sugar, cinnamon, and butter. Dot the mixture over the top of the cheesecake. Bake in the preheated oven until the crescent dough has puffed and turned golden brown, about 30 minutes. Remove from the oven and drizzle with honey. Cool completely in the pan before cutting into 12 squares.

Oven Fries

Original recipe makes 6 servings
2 1/2 pounds baking potatoes
1 teaspoon vegetable oil
1 tablespoon white sugar
1 teaspoon salt
1 pinch ground cayenne pepper



Preheat oven to 450 degrees F. Line a baking sheet with foil, and coat well with vegetable cooking spray. Scrub potatoes well and cut into 1/2 inch thick fries. In a large mixing bowl, toss potatoes with oil, sugar, salt and red pepper. Spread on baking sheet in one layer. Bake for 30 minutes in the preheated oven, until potatoes are tender and browned. Serve immediately.

Cocktail Meatballs

original recipe makes 10 servings
1 pound lean ground beef
1 egg
2 tablespoons water
1/2 cup bread crumbs
3 tablespoons minced onion
1 (8 ounce) can jellied cranberry sauce
3/4 cup chili sauce
1 tablespoon brown sugar
1 1/2 teaspoons lemon juice



Preheat oven to 350 degrees F. In a large bowl, mix together the ground beef, egg, water, bread crumbs, and minced onion. Roll into small meatballs. Bake in preheated oven for 20 to 25 minutes, turning once. In a slow cooker or large saucepan over low heat, blend the cranberry sauce, chili sauce, brown sugar, and lemon juice. Add meatballs, and simmer for 1 hour before serving.



land in PA. I'm also looking for a woman that would be willing to relocate. Serious Inquires only and will answer all. Please provide photo and phone number. If interested; you may call me. PTP 453

5'4", 150lbs., I'm a good, honest, faithful man and believe in God. Seeking the right woman to spend the rest of my life with. I'm very family oriented. I want a woman whom will be all this in return, no liars, game players, alcoholics or druggies and must be willing to relocate to PA at some point because I own my own home. Given the right woman, I may think of relocation. Spend some time in TN but my permanent residence is in PA. If interested please send photo and provide phone number. I'll respond to all. God bless! PTP 454

WWM, late 70s, 5' 11", 185lbs, all my hair, few teeth missing. Lost my baby over a year ago, was married for 57 very very happy years! I'm an outdoor person. I'm safe, sound, sane, and stable. Live in Gibson County, TN. Will travel, if needed. I don't drink, cuss, use drugs. Don't dip on chew. Just a good ole country boy. Looking for nice lady that's honest, trustworthy. Not looking for free ride, no sugar mamas. No one night stands, you and I. If interested, will answer all. Give name, address, and phone number. Will tell more if needed. PTP 455

DWM, 61, living on Ky. Lake, non smoker, social drinker, not daily, looking for a single or divorced female that likes the water, boats, fishing, being outdoors, 4-wheeling, and being together. Looking for a long term relationship. Please like small dogs. I live on the lake out from New Concord. I am 5'4", with short hair & beard. PTP 456

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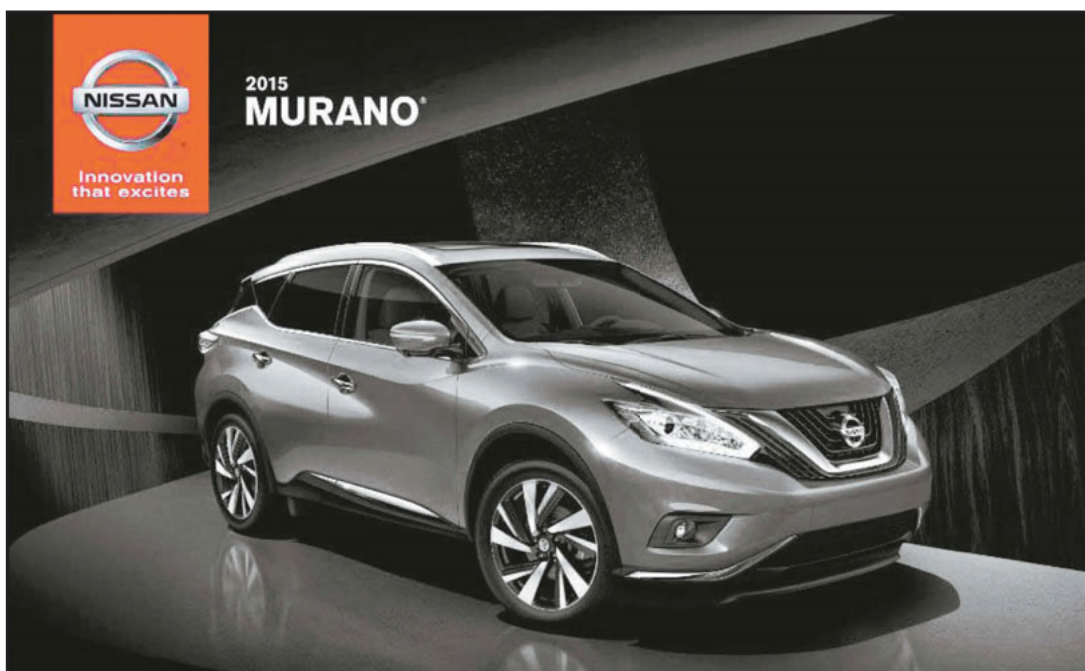
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